



Mentors Academy FAQs

What is the Mentors Academy?

Mentors Academy is a destination that provides a safe, nurturing environment for aspiring cricketers to learn and grow not just as athletes but also as great human beings. Mentors Academy provides specialised coaching and training for young cricket players. It is designed to help young players improve their skills and develop their knowledge of the game, mental well-being, fitness, and overall personality, through our 4-pillar integrated curriculum, our certified coaches, and our Mentors who are Cricketing Legends.

What is a 4Pillar integrated Curriculum, and how is it different?

The 4-pillar integrated Curriculum is a comprehensive education, training, and support program that covers not just the technical aspects of their sport but also the mental and physical aspects. Our integrated curriculum covers a range of essential skills, including mental health wellness, physical health wellness, nutrition, soft skills, teamwork, leadership, problem-solving, critical thinking, communication, etc. It starts with mental health wellness, the 2nd pillar Physical health wellness and nutrition, the 3rd pillar is Sporting Skills, and the 4th pillar is holistic development. We have given due importance to technology by ensuring that we have the right tech engine behind each of these pillars. The scientific evidence shows that attaining success through consistent practice and steady improvement can be incredibly fulfilling and motivating. We have applied this principle while building the technology component for our academy.

Why is an integrated Curriculum important?

For a young athlete to be successful in sports and life, a strong mind and body are essential; hence, cultivating positive habits, discipline, a strong mind, fitness, and other life skills play a vital role. To empower the athlete to compete and be successful, enhancing sports skills with mental health wellness, physical health wellness and nutrition, and holistic development is critical.

How will the other 3Pillars be taught for GMA and other GEMS schools?

While the young player gets to learn the sporting skills either before school in the morning or after school in the afternoon, at GMA, the other 3 skills, i.e., Mental Health Wellness, Physical Health Wellness and Nutrition, and Holistic Development, will be taught as part of the ICE program at GMA for GMA students. For other GEMS school students, it will be taught online. However, if there are six students or more at a particular GEMS school, the Trainer from the Mentors Academy will also be made available in person to train on other 3 pillars.

What sports are taught at the Mentors Academy?

Currently, we are starting with cricket. With cricket being the initial focus, we cover all aspects of cricket, from the basics to the professional level. Our experienced coaches and staff will work tirelessly to ensure that each student receives the best possible education and training. As we progress in this journey, we will be starting with football soon. For more





information, please contact us at <u>info@jmrsporting.com</u>. Other sports like basketball, badminton, etc., will be included at the earliest.

What is the age range for joining Cricket in the Academy?

The Mentors Academy caters to children between the age group of 6-18 years. Also, adults are welcome who either want to learn the game or want to improve their game.

What are the benefits of joining The Mentors Academy?

By joining the Academy, one can gain several benefits, such as improving skills and knowledge of the game, increased mental and physical fitness, building teamwork and social skills, and more. Students will also have the opportunity to utilise our 1.5 million square feet state-of-the-art facilities, which includes international standard grounds, football grounds, gym and fitness centre, music room, recreation areas, and injury prevention, recovery, and rehab tools and techniques. We understand the importance of having a clear career path in cricket, and thus, have partnered with leading cricket associations and organizations to provide our athletes with the necessary resources and guidance to pursue a successful career in cricket.

Do you provide equipment?

The Academy will provide a kit for enrolled players, including a jersey, pant, cap, and water sipper, at no additional cost. However, basic equipment such as bat, pad, glove, helmets, and other gear can be purchased from the Academy as per the coach's recommendation.

Do you provide transport?

Currently, we are working with the school to support transportation for students who have opted for it.

What is the investment/fee of joining the Academy?

The investment/fee for joining can vary depending on the age group and choice of club. Please get in touch with us for more information and to help you make the right choice.

What is the duration of the training program?

The duration of the training program is for the full school term/year. However, during exams, relevant breaks would be given for the students to prepare and write exams. There will be overseas tours and exchange programs during vacation months.

Will my child receive individual attention?

The coach-to-student ratio is 1:10 to ensure individual attention and personalised coaching. With Cricketing Legends as Mentors, it will add tremendous value to the development of young players.

Will my child get to participate in practice matches?

Yes, there will be 1 to 3 practice matches organised at JMR Sporting facility every month as per the age group and club. The student would get exposure by taking part in various sporting events organised by JMR. All of this provides valuable experience and enhances a child's development.

What qualifications do the coaches have?





We have well-qualified and experienced coaches to ensure that your child receives the best possible coaching and training. Our Resident Head Coach is ICC Level 3 Certified with over 15 years of experience, and other coaches are state players and ICC certified coaches.

How many camps will there be with the Mentors?

There will be one camp every month with a Mentor. Depending on the club you choose, this will vary from monthly for Gold Club to three months once for Silver Club and four months once for Bronze Club.

What is the schedule of the training program for sporting skills?

The schedule of the training program for a month, on average, is 2 to 4 sessions a week depending on the age group and club that is selected. You may want to reach out to us for more information.

What is the schedule of the training program for other pillars other than sporting skills?

The schedule of the training program per month is one session for mental health wellness, one session for physical health wellness and nutrition, and two for holistic development depending on the age group and club that is selected. You may want to reach out to us for more information.

How can I monitor my child's progress?

Regular progress reports are provided to parents. One-on-one sessions with the coach are made available on a regular basis. Parents can also meet the coach (with a prior appointment) if they want to meet, other than a planned session. Updates will also be shared through our app.

How do you create a pathway for young players?

To nurture young talent, we are planning to start the International Junior League (IJL), to which we will invite various associations, international clubs, councils, and boards that will provide visibility to talented players. Our mentors will play a major role in bridging players and the Mentors Academy with these associations, international clubs, councils, and boards. We will also help run sponsorship programs for interested and talented players to further their careers. We believe that this kind of exposure is invaluable in developing a successful cricketing career.

How can I enrol my child in the program?

Step 1: Choose the Club and Age Group.

Step 2: You can enrol using two methods.

Method 1: On-Premises

• Meet the Mentors Academy representative at the registration desk in the school and fill out the form with all the required details.

- · Choose the date and day you would like your child to start.
- Make payment to the Mentors Academy bank account.





• We will send a welcome email to the email address you have provided with all the necessary information.

Method 2: Digital

• Visit our website and enrol now at https://jmrsporting.com/student-enrollment/.

• The Mentors Academy team will contact you for confirmation and to check your preferred start date.

• Make payment to the Mentors Academy bank account.

• We will send a welcome email to the email address you have provided with all the necessary information.

For any queries or enrolment, you can reach us via phone at (+971 50 764 1591), WhatsApp (available on our website), or email (<u>info@jmrsporting.com</u>).